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Interplay between psychotherapy and coaching psychology

7th International Congress of Coaching Psychology

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7th International Congress of Coaching Psychology

*Positive and Coaching Psychology
Enhancing Performance, Resilience and Wellbeing*

18th Oct 2017, London (UK)

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Therapy, Coaching and Coaching Psychology interface
Ole Michael Spaten



Therapy, Coaching and Coaching Psychology interface

**Dr Ole Michael Spaten PhD AFISCP MISCPAccred, Accred Supervisor
Specialist Certificate in Psychotherapy by Danish Psychologists Association *
Associate Professor * Head of Clinic * Psychology Master Program**

AGENDA – TODAYS LECTURE

- **Coaching – Science or Wild Wild West**
 - **Coaching in BPS, APA, DP**
 - **Coaching industry and dilemmas**
- **Therapy, Coaching Psychology and Coaching**
 - **Interface, boundaries, distinction and similarities**
 - **Definitions**
- **Can the fields of Therapy and Coaching learn from each other?**



There appears to be no research evidence of uncritically transferring findings, knowledge and insights from the field of psychotherapy to the field of coaching

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